

# GOOD WORK NEWS

The Working Centre, 58 Queen St. S. Kitchener, ON N2G 1V6

Issue 139

December 2019

Subscription: A Donation Towards our Work

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## Jean Vanier

1928 - 2019



*“ Welcoming is not just something that happens as people cross the threshold. It is an attitude; it is the constant openness of the heart; it is saying to people every morning and at every moment, “come in”; it is giving them space; it is listening to them attentively. To welcome means listening a great deal to people and then discerning the truth with them. ”*

## Crossing the Threshold

By Joe Mancini

One way to read the signs of the times is to draw together seemingly divergent social and environmental issues. From our backyard of downtown Kitchener, social issues and the environment are equally pressing. These are signs that can be seen in most Canadian cities. The main social issue is the fallout from the decline in affordable housing and the resulting rise in homelessness. We see the stark reality of people surviving on the streets without access to shelter. We also know that the intertwining of addiction and mental health adds to the burden of surviving on the street.

Recent surveys in the Region are demonstrating that there are well over 400 individuals who are homeless and are using emergency shelters but even with the addition of about 70 overflow beds this winter there are not enough beds. Rents are rising, affordable units are hard to find and people are left struggling to stay warm.

At the same time, there is a growing awareness that we can no longer take the environment for granted. Every week, we are confronted by the reality of Climate Change as this report from the World Meteorological Organization makes clear.

*“The tell-tale signs and impacts of*

*climate change – such as sea level rise, ice loss and extreme weather – increased during 2015-2019, which is set to be the warmest five-year period on record, according to the World Meteorological Organization (WMO). Greenhouse gas concentrations in the atmosphere have also increased to record levels, locking in the warming trend for generations to come.”*

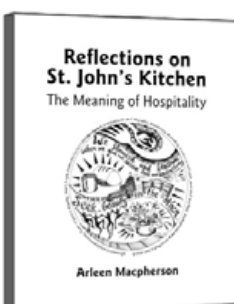
We perceive homelessness and the environment as separate realities, but perhaps they are better understood as interconnected.

Dislocation is a term that draws these separate realities together. For most people dislocation is a description easily applied to someone who is homeless. After all, anyone who is without a home must be dislocated. But what if the definition of dislocation had deeper connotations? What if homelessness and environmental degradation were seen as emblematic of a society which easily breaks relationships of trust and loyalty, of a society that pursues objectives without consideration for the air, water and soil and whose spirit is concerned more for the winners than creating community supports for those who struggle?

Dislocation in this context is a reflection of how we have narrowly organized our communities and is also symptomatic of how we walk on

*continued on page 3*

## OUR NEW BOOK IS AVAILABLE NOW!



**Reflections on St. John's Kitchen**  
The Meaning of Hospitality  
by Arleen Macpherson

Read more on page 7

## DONATIONS AND GIVING

**The Working Centre offers many great ideas to support our community of projects:**

Books and gift cards



CSA Shares that include winter microgreens, baked goods, and fresh roasted coffee beans

Donations that help to support meaningful community work

Cash donations that help support our work

## Thirty Fifth Year

Issue 139

December 2019

# Good Work News

Good Work News was first produced in September 1984. It is published four times a year by The Working Centre and St. John's Kitchen as a forum of opinions and ideas on work and unemployment. Four issues of Good Work News constitutes our annual report. There is a circulation of 12,000 copies. Subscription: a donation towards our work.

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 Canada Post Bulk #05306256  
 Charitable Registration #13092 9607 RR0001

## Alternative Gift Giving

Your donation to The Working Centre can be turned into a creative gift giving idea. Each donation card details the work supported through your donation. *As the donor, you will receive a tax receipt, plus the card to give as a recognition of your gift. Also available through our online catalogue.*

### Coffee at Queen Street Commons Cafe

A \$10 donation will provide coffee and a meal for someone in need of friendship and conversation.

### Bed or Couch from WASL

A \$100 donations will help someone receive furniture for their new apartment.

### Free Bicycle for a Child

At Recycle Cycles volunteers refurbish childrens' bikes. A donation of \$25 will go towards the cost of parts and tools to provide free bikes for a child.

### Cab Fare

A \$20 donation will help someone in crisis pay for their ride to the hospital or detox.

## An Alternative Christmas Gift Idea

For donations made in the name of family and friends, we will gladly send a Christmas card acknowledging your gift.

Please direct my gift to:

St. John's Kitchen       The Working Centre

Please send a Christmas card to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Your name, email, and address:

(So we can send you an Income Tax receipt).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_

For credit card payment please visit online at:  
[donate.theworkingcentre.org](http://donate.theworkingcentre.org) or call 519.743.1151 ext.111

e-transfer available: [eft@theworkingcentre.org](mailto:eft@theworkingcentre.org)



The Working Centre is pleased to announce that

## Frances Westley

will be our special Host for the  
 33<sup>rd</sup> Annual Mayors' Dinner

Saturday March 28th, 2020

The Mayors' Dinner is an evening that celebrates individuals who have made outstanding contributions to our community

## Climate Change and Sustainability

Teaching our Children | Welcoming Refugees  
 Growing our Own Food

Frances Westley, J.W. McConnell Emeritus Professor of Social Innovation, University of Waterloo will host the 33rd Mayors' Dinner focusing on the work of developing sustainable practices in the midst of growing Climate Change.

As host, Frances brings four decades of research and community organizing around social innovation, sustainable development, strategic change, visionary leadership and inter-organizational collaboration.

In 2019, she was recognized with 40 others from around the world by the Schwab Foundation for Social Entrepreneurship for their commitment to social innovation by driving change and shifting organizations and systems towards a more just, inclusive, sustainable future. Frances was recently given a Honorary Doctorate from Stockholm University for her work on the transformation to sustainable development and the importance of institutional entrepreneurs in resilience and socio-economic systems. She has collaborated for decades with natural scientists in order to improve how we relate to ecosystems, natural resources and biological diversity.

As Host of The 33rd Mayors' Dinner, Frances will share a message of challenge and hope, highlighting the work being done at the grassroots in Waterloo Region. What is the role of civil society to meet the challenge of climate change?



We invite you to become involved by purchasing tickets, sponsorships, a community table for your group, company or church, or contributing an auction item.

For more details, please call Kara at (519) 743-1151 x119 or [mayorsdinner@theworkingcentre.org](mailto:mayorsdinner@theworkingcentre.org)

### Individual Tickets:

\$100 (includes one tax receipt for \$55)

### Contributor Sponsorship Packages:

\$250 (includes 2 tickets, recognition in dinner program, and one tax receipt for \$160)

### Community Group Packages;

\$750 (includes 8 tickets and one tax receipt for \$390)

# Continuing Street Health Work

By Stephanie Mancini

At last year's Mayors' Dinner we focused on Person-Centred Grassroots Healthcare. In the words of Dr. George Berrigan:

*"We had no bureaucratically designed program or procedural guidelines to work under. In effect, what we did was use the approach of the famous professional tennis player, Arthur Ashe, who tackled his problems using the SUD method: Start where you are! Use what you have! Do what you can! Our immediate barrier was gaining trust which took a lot of listening and attention, being adaptable, open and especially non-judgmental. We worked hard at keeping our promises. We knew our care had to be backed by consistency, respect and kindness. We accepted that even though we couldn't figure out and solve many of their complex addiction, mental health and medical problems we could work away at lessening the harm enough at least to keep people alive. In SJK, survival is always our most immediate concern; the rest of the work is mostly finding ways to progressively lessen their suffering one on one, one day at a time."*

Our medical team is responding a-person-at-a-time to complex situations:

- A young girl ends in hospital after

an overdose after an experience that builds on a series of life traumas, and we work with her and hospital staff to relieve her pain, problem-solve a situation that looks like non-compliance but is really a reaction to trauma, helping to resolve treatment, physical rehab, and housing options.

- A person from a neighbouring town is service restricted from all services, and lands in K-W for treatment; she is dying of cancer, has a partner with her helping her to cope, but he has an outstanding warrant and is rapidly arrested; leaving us as her main form of support.
- A young man who has faced many service restrictions from supports is released from jail, but can't access shelter; he has been free of street drugs and is more coherent; after the death of a friend he ends up using, accelerating his bi-polar behaviours, damages the hotel he is in, and then ends on the street. We maintain connection, supporting the place he is in, supporting his well-being, helping him to stay connected in spite of the many connections he has pushed away.

Our medical teams walk with people through complex situations, system gaps, and the consequences of

homelessness and an easily available and dangerous drug supply. Here are the thoughts of Dino, a nurse hired recently to join our team:

*"When I became part of the SOS team and St. John's Clinic, it became immediately clear that this nursing role would be a step outside of the box of what I considered to be a traditional nursing role. I became a member of an interdisciplinary team that provides wraparound care that meets the person where ever they are at—in both the metaphorical and literal sense. A predominant emphasis is placed on forming trusting, therapeutic relationships with the people we serve and identifying and offering services that can best help them in their current context. Traditionally, as nurses we may feel compelled to focus on efficiency and most of us have experienced pressure to complete tasks as quickly as possible. At the Working Centre efficiency - although important - is given less emphasis than effectiveness. We are effective when we serve the person well and strive to meet their needs."*

We are moving ahead with hiring for our Water Street house, a house that will offer interim housing for people who are active drug users. The house will offer police drop-off beds to ensure wellness; beds that will offer extended hospital treatment in a harm-reduction environment, often for rampant infections; and respite. A nurse will be available 24/7 in this creative interim housing environment,

extending the dynamic health care work we are doing at St. John's Clinic, in the SOS team, and in the wider Inner City Health Alliance partnership.

We are also extending our daytime teams to include an evening nurse/outreach team, supporting shelters, overflow, supportive housing, and hospitals to ensure that we are linking people with this deep network of supports.

We submitted a proposal to Health Canada that might also help to add some creative responses to the issues of unsafe street drugs, and drug induced psychosis. As we focus on a person-at-a-time, supporting deep relationships while we navigate complex health and mental health issues, we are learning so much. We feel the pressures of homelessness, combined with mental health issues, which are often self-medicated through street drugs. We continue to build circles of support and connection, deeply embedded in our practices of loving each person, in spite of the dislocation and substance-related numbness, continuing to creatively problem-solve.

We welcome interested nurses as we expand our team (see posting on our website)

Jean Vanier's words take on a new meaning – *"It is an attitude; it is the constant openness of the heart; it is saying to people every morning and at every moment, "come in"; it is giving them space; it is listening to them attentively."* – a person at a time, a moment at a time.

## Crossing the Threshold

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the earth.

Too often our human condition has adapted to ignore the pain and rejection that many go through as they lose their housing. When family relationships are broken and emotions remain unacknowledged, when there are few outlets to heal the pain, people are mostly left to their own devices. This is the breeding-ground for dislocation that feeds addictions and homelessness.

We lose sight of the bonds of social solidarity when we allow our competitive, fragmented world to be solely focused on economic growth. We ignore the matrix of human well-being when we allow nature to be a dumping ground for our misuse of resources. Our dislocation then, is from our community and our environment.

On November 5th 2019, over 11,000 scientists signed a statement warning of a climate emergency describing how the earth's environment has dramatically changed over the last 40 years.\*

We know already that three quarters of the earth's land has been severely altered along with the earth's marine environment.

Vast wetlands have been displaced. The production and use of methane and carbon continue to rise, while monoculture agriculture dominates and biodiversity declines. We see it in the accelerated natural disasters of unprecedented wildfires, draughts, hurricanes and typhoons.

Was Leonard Cohen thinking of our dislocation when he wrote the song The Future:

*Nothing you can measure anymore  
The blizzard, the blizzard of the world  
Has crossed the threshold  
And it has overturned  
The order of the soul*

In this time of dislocation, there is no better healing than to reflect deeply on the structures of society and to act into the change we would like to see.

It is as basic as considering how we treat each other and how we treat the environment around us. Do we give space in all social interactions to allow the common good to be expressed? Why are bureaucratic regulations so counter-intuitive to creativity and community responses?

How can we recognize our oneness with the living world by reducing our separation from the natural world and from each other? How can we learn to share our spaces and make room for others? This can be in

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## COMMUNITY SUPPORT



### St. John's Clinic Requests

The St John's Clinic is looking for the following donations to better help us to provide outreach primary care services.

We would like 2 more medical bags which will contain a stethoscope, blood pressure cuff, oximeter and thermometer.

In addition we require bus tickets to provide to patients so they can go to their specialist appointments and follow up testing appointments. And other items always in need.

### St. John's Kitchen Christmas Dinner Wishlist

**\$5 Tim Cards | Gloves | Hats | Scarfs**

**Full size bottles of shampoo and conditioner**

**Full size deodorant | Full size soaps**

**Brushes or combs | Toothpaste and tooth brushes**

**Volunteers needed** each day at St. John's Kitchen between 8am and 3pm. We always welcome help with food prep, dishwashing, meal serving, and clean up.

You can just show up and ask for Tom or Jake, or email: [jakeb@theworkingcentre.org](mailto:jakeb@theworkingcentre.org)

# JOB SEARCH RESOURCE CENTRE AT THE WORKING CENTRE



Our Job Search Resource Centre, located at 58 Queen Street South, helps support thousands of people to find work each year. This busy, informal and friendly resource centre helps people to connect to work opportunities, to find the work that can help them to support themselves and their families. Like many Working Centre spaces, we bring together people from all walks of life, responding a person-at-a-time - people working contract/short-term jobs, New Canadians looking for their first job in Canada, New Canadians looking for work in their profession, people seeking work that suits their hopes and dreams.

## Our supports help 3000+ job seekers annually



Job Postings



Phone Message Service



Public Access Computers



Resume Support



Employment Counselling



Adult and Youth Job Development



Support for New Canadians



Links to Community Resources



Computer Training




We strive to support New Canadians in culturally sensitive ways, in their own language - so many people are looking for work urgently to support their families but English language learning is slowed down after the trauma and journey of re-locating. What works right now to support this journey?

The Working Centre has established a reputation as a place that offers intensive, individual and customized career and job search assistance. People we work with appreciate a solid base of job search support and career exploration while working at their own pace and schedule. We link people to formal and informal resources, tools, employment counsellor supports, and resources, in an approach that provides independence and flexibility.



We also bring the wider circle of Working Centre opportunities and resources. Job searchers can gain experience through volunteering or work opportunities in our community tools projects, including the Queen Street Commons Café, Worth a Second Look, Maurita's Kitchen, the Green Door and more, building skills and working with others collaboratively. Technical skills can be advanced through our self-directed Computer Training supports or through volunteering at Computer Recycling. Job searchers can affordably outfit themselves for interviews with help from the Green Door, which can also help people to define their own style in a way that builds confidence. Many New Canadians and at-risk-youth volunteer in these projects to build their language skills and their work-skills. The beauty of these community settings cannot be described in words - the exchanges, inter-relationships, and opportunities give expression to the magic of building community that always surprises us as people support and sustain one another.



  
**The Resource Centre is a place anyone can come, regardless of their circumstance, to feel welcomed and be received with dignity and respect. It is a place of relationships, where we know people's names, and they are treated as more than just a number.**  
*- Sarah,  
Resource Centre support*

Some of our Job Search supports focus on youth and people who have challenges entering the competitive work force - we leverage the work experience gained through the community tools projects, that help to build job skills - with the Employment Ontario work placement opportunities - to support some really creative and meaningful connections. It is not magic - it takes a thoughtful, strategic and caring approach, and we celebrate the beauty of small moments that help to make a difference in people's lives.

We build a spirit that is inviting, kind, and respectful to all who come through our doors (often a complex and challenging balance as needs for safety and inclusion intersect). All are welcome in our Job Search Resource Centre.



## Job Search Resource Centre

58 Queen Street South | Kitchener  
Mon, Tues, Thurs, Fri: 9am - 4pm | Wed: 9am - 7pm  
519.743.1151 | [genmail@theworkingcentre.org](mailto:genmail@theworkingcentre.org)

# COMMUNITY ENTERPRISE AT THE WORKING CENTRE

**Our community enterprise projects offer opportunities for employment and volunteerism, skills development, friendly connections, healthy food options, sustainable living, open inviting spaces, valuable services, and much community building spirit!**

**Enjoy a delicious healthy meal or warm up with a cup of freshly roasted coffee**



**Queen Street Commons Café** is hosted with the help of volunteers, inviting people into reciprocal relationships and working to build respect, inclusion and conversation. We invite people to enjoy our affordable, vegetarian home-style meals, snacks, desserts, and fresh-roasted coffee. Meals served at the café are prepared daily by workers at Maurita's Kitchen.

**43 Queen Street South**  
Mon - Fri: 8:30a - 9p | Sat: 10a - 4p

**Fresh Ground Cafe** presents plant-based whole food options. Our focus is on healthy ingredients: vegetables, fruits, nuts, seeds, legumes, and whole grains. Come for a fresh meal, or a hot cup of our fair trade, organic, freshly roasted coffee with one of our house-made desserts.

**256 King Street East | Mon - Sat : 8:30a - 4p**

You can also purchase bags of our coffee selections at our cafes or by visiting our online catalogue.



**Have a meal catered by us**

We offer a popular catering menu that includes some of our favourite salads, entrees, and desserts, as well as some tasty sampling trays. Support The Working Centre and enjoy a delicious nutritious meal prepared at Maurita's Kitchen or Fresh Ground. Ask about booking a group meal at our community event spaces at 256 King Street East and 43 Queen Street South.



[events@theworkingcentre.org](mailto:events@theworkingcentre.org) | 519.743.1151 x166



**Join in the local bike community**

Recycle Cycles is a community bike shop that teaches hands-on bike repair through co-operation. It offers space and facilities for people to repair bikes with the help of volunteers. New and used

parts are available for sale at affordable prices. Refurbished bikes are also available.

**Enter from 256 King Street East**

Tues: 10a - 9p | Wed 10a - 5:30p  
Thurs: 10a - 6p, 6:30p - 9p (Woman's Night)  
Fri: 10a - 6p | Sat: 10a - 4p



**Shop for clothing, accessories, and beauty products**

Located steps away from the Kitchener Market, **The Green Door** is a volunteer driven used clothing boutique with a focus on reduced waste, sustainability, and skill development. Our items make great gifts for the holiday season!



**Women's & Men's Items | T-Shirts  
Handbags & Shoes | Handmade Soaps  
Body Oils & Scrubs**

Above the boutique, The Green Door Arts Space supports sewing, crafts and body products, creating opportunities to learn, teach, and connect with others.



**37 Market Lane | Mon - Fri: 10a - 5p | Sat: 9a - 4p**

**Find unique items for your home**



**Come see our recently renovated store!**

Creating opportunities for skill development, community involvement, and employment, **Worth A Second Look** is a retail outlet whose goal is to provide the community with low-cost used furniture and assorted housewares.

**Furniture & Small Appliances | Housewares  
Jewelry | Books | Electronics | Linens  
Mattresses | Toys | Music & Movies | Tools**

Pick-up and delivery services available. Donations and volunteers are always welcome.

**97 Victoria Street North**  
Mon-Fri: 10a - 5p | Sat: 9a - 4p

**Enjoy fresh locally grown vegetables**



Grow Gardens

Support The Working Centre and enjoy weekly shares through our **Community Supported Agriculture (CSA)** project. You can sign up year round for our selection of shares:

**Fresh Vegetables | Freshly Roasted Coffee | Prepared Meals | Microgreens | Baked Goods | Flower Bouquets**

Our 2020 Winter CSA offers 12 weeks of fresh microgreens for \$7.50 per week. From January to April you will receive a package of peashoots and a rotating variety of broccoli, radish, mustard, arugula, rapini, cress, and buckwheat microgreens.



Hacienda Sarria Market Garden

Ask about our weekly pick-up schedules. Deliveries can be arranged through EcoCourier KW.



To learn more or to sign up for 2020, contact us:  
519.575.1118 | [hacienda@theworkingcentre.org](mailto:hacienda@theworkingcentre.org)  
[catalogue.theworkingcentre.org/csa](http://catalogue.theworkingcentre.org/csa)

**[catalogue.theworkingcentre.org](http://catalogue.theworkingcentre.org)**

Visit our online catalogue. Our items make great Christmas and holidays gifts!

All purchases help support The Working Centre community of projects.

# Crossing the Threshold

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our houses, our apartments, in our workplaces. The more we heal our separateness the more we can heal the environment.

Can we more fully touch the earth by growing and cultivating all forms of plants? Can we make room for the unlimited variety of seeds and plants so they have places to expand and grow, especially around our houses and parks? Can we work to protect small farmers and market gardeners? This is where the soil is regenerated and seeds and compost are turned into healthy nutritious food.

The world outside of consumerism is intrinsically meaningful through work that is less convenient. It is the manual labour that is healing while you produce things that you need. The difference between walking and riding a bike compared to being car dependent is the fresh air and direct connection to the community around you. This is the opposite of the experience of driving. Ivan Illich taught us how tools bring us into contact with soil, culture, shape and order. They teach us that limits are the conditions of living. Joy and suffering teach us to walk gently on the earth.

As we start to experiment with a carbon free economy, we can start to heal the dislocation. If we are to ensure that shelter is affordable and plentiful, then we have to find ways to generously make this reality come to fruition. In any case, it is direct personal action that heals dislocation.

\*<https://academic.oup.com/bioscience/advance-article/doi/10.1093/biosci/biz088/5610806#165912541>

## JOIN THE DISCUSSION!



### FERMENTED THOUGHTS: EMERGENCE AND SOCIAL CHANGE

We are facing an ecological crisis. The signs are everywhere and we have an obligation to address them. Emergence is about openness to new ideas and the linking of ideas and actions together.

On **Thursday February 20th**, join Joe and Stephanie Mancini as they explore the practice of openness to complexity, describing the experience of trust that has allowed The Working Centre to see emergence in action. How can we understand emergence in light of ecological change?



### BOOKSHARE: GETTING TO MAYBE

Beginning in January we are gathering together a group to read **Getting to Maybe: How the World is Changed** by Brenda Zimmerman, Frances Westley, and Michael Quinn Patton. This book explores how to work with our own smallness to create meaningful change in a big, confusing, and complex world.

Getting to Maybe is the first book in our 2020 bookshare series. Each book brings an interesting, unique perspective on our society and our relationship with the earth. Join us for all or part of the Bookshare.

Please RSVP by **January 20th, 2020** if you are interested in participating.



### CONVERSATION CIRCLES: MOVING BEYOND CRISIS PRACTICAL ACTION AS A RESPONSE TO CLIMATE CHANGE

We invite you to join us for a monthly discussion where we explore the ways that each of us can take action and help to create a hopeful and regenerative future. We will focus on topics such as Climate Change 101, food choices, sustainable clothing options, transportation, toxic product alternatives and more. Come and swap ideas, gather resources, and build solidarity and creativity as we sort through these complexities.

Send us an email at [freshground@theworkingcentre.org](mailto:freshground@theworkingcentre.org) for more details.

#### FOR MORE INFORMATION

[waterlooschool@theworkingcentre.org](mailto:waterlooschool@theworkingcentre.org) | 519.743.1151 x175

## The Crossing Trek 2020

#TrekWithUs on February 8 to raise awareness about the risks of exposure for homeless citizens and raise funds for The Working Centre

Trek registration is now open [www.WaterlooRegionCrossing.com](http://www.WaterlooRegionCrossing.com)

REGISTER  
SPONSOR  
DONATE

Inspiring grassroots philanthropy to address community needs



#TrekWithUs  
ENGAGE EMPOWER ENDURE

## The Diploma in Local Democracy

Begins January 8th 2020

“Democratic relationships in everyday life form the roots of a democratic society.”



Together we reflect on our own experiences of democracy and think about what it means to include people in the decisions that affect their lives, what practicing reciprocity looks like, and why everyday equality is necessary for a democratic future.

Come participate in a dynamic and diverse discussion with the engaged community members. We welcome you to join us!

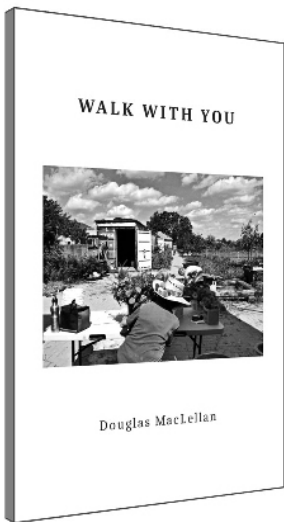
The class runs **Wednesdays 7pm - 9pm from January until the end of April.**

For more information check out the Local Democracy section on our website: [www.theworkingcentre.org](http://www.theworkingcentre.org)

519.743.1151 ext. 175  
[waterlooschool@theworkingcentre.org](mailto:waterlooschool@theworkingcentre.org)

# BOOKS FOR SUSTAINABLE LIVING

You can place orders by phone (519-743-1151 x111), or by visiting [catalogue.theworkingcentre.org](http://catalogue.theworkingcentre.org)



## WALK WITH YOU Douglas MacLellan

In partnership with documentary photographer Douglas MacLellan, The Working Centre presents Walk With You, a “zine” style collection of photographs taken over ten years capturing the people, places, and community spirit at The Working Centre. It offers a comprehensive portrait of the daily work and the relationships that bind The Working Centre community. The zine includes a poem contributed by Wendell Berry.

40 pages | \$20.00



## Jean Vanier Essential Writings

Edited by Carolyn Whitney-Brown

Through l'Arche, and later Faith and Light, Jean Vanier showed how the world can be transformed when we open our hearts to the experiences of people who have known life only at the margins. In this selection of excerpts from the works of Jean Vanier, editor Carolyn Whitney-Brown explores five decades of inspiring words and actions. Vanier sees the challenge as the need to “change the world, with love, one heart at a time.” The result is a compendium of essential and deeply moving readings that reveal the powerful insights, the gentle wisdom and the profound spiritual significance of this great Canadian.

176 pages \$21.95 softcover

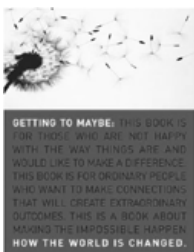


## Community and Growth

Jean Vanier

This book is essential reading for anyone who has ever thought of “community” as a way of life or a deep communion with others. Vanier writes from a wealth of knowledge and experience gained through real community involvement, sharing in the hard work and day-to-day obstacles faced by the community, as well as the joyous celebrations and hard-won accomplishments. In the end, Vanier conveys the value of community, and shows the reader that without struggle there can be no success.

331 pages \$33.95 softcover

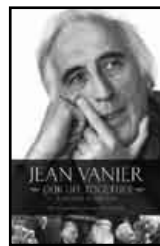


## Getting to Maybe

by Frances Westley, Brenda Zimmerman, and Michael Patton

Many of us have a deep desire to make the world around us a better place. But often our good intentions are undermined by the fear that we are so insignificant in the big scheme of things. We tend to think that great social change is the province of heroes - an intimidating view of reality that keeps ordinary people on the couch. But social change is about harnessing the many forces around us. The trick in any great social project is to stop looking at the discrete elements and start trying to understand the complex relationships between them. Getting to Maybe studies real-life examples of social change through this systems-and-relationships lens, teasing out the rules of engagement between volunteers, leaders, organizations and circumstance.

272 pages \$22.00 softcover



## Our Life Together A Memoir in Letters

Jean Vanier

By any measure, Jean Vanier has led an astonishing life. He is the founder of the international movement of L'Arche communities, and of Faith and Light, two organizations that bring together people with developmental disabilities and the friends who share their lives. With an insightful introduction by the author, Our Life Together reads much like a memoir: inspirational, infused with a sense of community, and revealing in its candid portrait of a man who fully understands what it is to be a whole, compassionate human being.

576 pages \$21.95 softcover



## Making All Things New

by Ilya Delio

The first book in the series “Catholicity in an Evolving Universe” unveils a new paradigm for being Catholic, a conscious awareness of how everything in the universe forms a whole. Ilya Delio introduces a new word, catholicity, which is destined to become as discussed and familiar in this century as the word Catholic was in the 2nd century. Catholicity is a dynamic, spiritual quality of being Catholic that literally means “becoming whole.” It is an inner principle which first burst forth in the life of Jesus, and has the power to reconnect all the dimensions of life: spirituality, religion, the new sciences, culture, and society.

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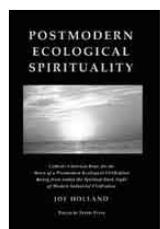
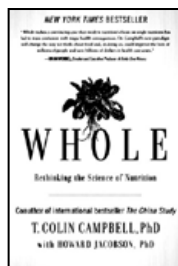
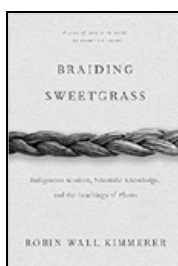
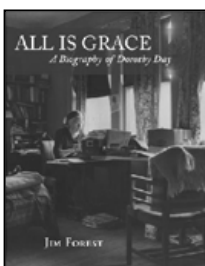
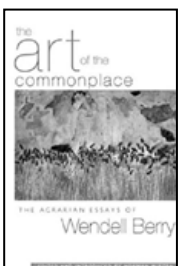
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Jean Vanier

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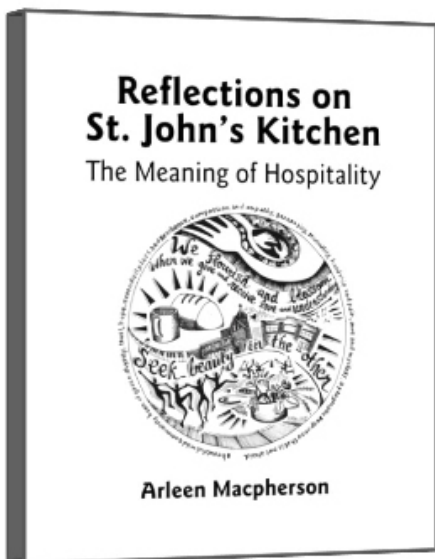
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## Reflections on St. John's Kitchen The Meaning of Hospitality

For over 25 years, Arleen Macpherson volunteered and worked at St. John's Kitchen and The Working Centre. During that time, Arleen regularly contributed to Good Work News, The Working Centre's quarterly publication reporting on the ideas, initiatives, and people in our community. Arleen's articles provide valuable perspective into the work done at St. John's Kitchen, and the many people who help make it the special place it is in our community.

We have collected articles written by Arleen for this book, and conclude with articles highlighting the 31st Annual Mayor's Dinner, held in 2018, which celebrated the Story of St. John's Kitchen. As part of that celebration, Arleen was guest of honour along with Gretchen Jones and Jennifer Mains, who were recognized for their years of dedicated service at St. John's Kitchen.

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# 37 Years of Community Building



**60+ residents in supportive housing**



**Over 500 volunteers building community**



**Over 60,000 meals served each year**



**Thousands of items recycled annually**

Dear Friends,

The Working Centre brings hundreds of people together each day to meaningfully serve community throughout Kitchener-Waterloo. If you have the opportunity to visit any of our 35 projects you will see right away the wide involvement of volunteers in the core of the work while noticing how each project is organized to serve community. This integration creates a village of supports.

The Job Search Research Centre on Queen Street South is a hub of activity supporting over 3000 job searchers per year with resumes, applications, language supports, and training opportunities. Money Matters helped 4000 people to fill out their income tax along with problem-solving income issues.

Over a thousand people each year are supported through St. John's Kitchen. For 34 years, St. John's Kitchen has served a daily weekday hot meal and provides a dynamic gathering place, offering hospitality, welcome and sustenance. Downtown Street Outreach Workers walk with those facing homelessness. The St. John's Clinic offers primary care and mental health/addictions supports through doctors, nurse practitioners, nurses, and a range of problem-solving supports. We help people get through their days, coping with health and social problems that result from living in poverty and facing a lack of affordable housing.

In Waterloo Region a growing number of people do not have housing and are caught in a cycle of growing drug addiction. Specialized Outreach Services (SOS) is our interdisciplinary team of nurses/social workers/peer worker that embed within St. John's Kitchen Clinic and support over 300 people a year facing both mental health and addiction challenges. We follow people in and out of shelter, support people into housing, follow legal/court issues, support people in and out of emergency/hospital/psychiatric-ward and link people with primary care.

We are pleased that we received our building permit this fall, helping us to work actively on the construction of the Water Street House, designed to provide 8 interim beds as shelter for those facing the challenges of active drug use, providing multiple strategies for stabilization, support and treatment, in a place of hospitality. The house also helps to expand our health clinic space.

The Community Tools projects continue as an immense source of community service. Our cafes; the Recycle Cycles bike repair shop; our two thrift stores; Job Café's Discovery Team, garbage and compost collection; and our two-acre market garden all involve people in making K-W a better place. Our 60 units of housing are embedded within each of our locations.

We rely on over 500 volunteers who contribute to building community in 35 different projects. Your donations help us build creative and enterprise-based community responses. Supporters of The Working Centre have proven, year after year, that community donations are vital in responding to local issues. We are grateful for your ongoing support, as you form an important part of this village of supports.

Sincerely,

Joe Mancini,  
Director

We share our quarterly newspaper Good Work News with our contributors. Learn more about our community-based initiatives by visiting our website at [www.theworkingcentre.org](http://www.theworkingcentre.org)

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